

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday                                    |
|---|---|--|--|--|--|---|
| <b>January 2019</b><br><b>Montrose Health Center</b><br><b>Activities</b>   |   | 8:30 Folding <b>1</b><br>10:00 130th Rose Parade from Pasadena on TV<br>1:30 Cheese Frenchies<br><i>Anna Lee R. B'day</i><br><small>New Year's Day</small> | 8:30 Folding <b>2</b><br>10:00 Resident of the Month<br>11:15 Table Talk<br>2:00 Birds & Brew                  | 8:30 Folding <b>3</b><br>10:00 Pigskin & Coffee<br>11:15 Laura's Read Aloud: The Long Winter<br>2:00 Alaska Statehood Day    | 8:30 Folding <b>4</b><br>9:30 Book Cart<br>10:30 Bible Reading & Prayer<br>11:15 Table Talk<br>2:00 "G-Word" of the Day  | Activity Basket<br><br><i>Yula M. B'day</i> |
| 8:30 Folding <b>6</b><br>9:00 Cath. Comm.<br>10:00 UMC Choir/Comm.<br>1:30 Feed the Birds<br>2:30 Sunday Social<br><i>Eloise V. B'day</i>           | 10:45 Hand Lotion Spa w/ JoAnn <b>7</b><br>11:15 Laura's Read Aloud: The Long Winter<br>2:15 Mitten Bingo   | 8:30 Folding <b>8</b><br>10:45 On the Scent with Maggie's Nose<br>2:00 Jailhouse Rock & Elvis Sandwiches   | 8:30 Folding <b>9</b><br>10:00 Leroy's Travels<br>11:15 Table Talk<br>1:00 Keokuk Animal Services Shelter Pets | 8:30 Folding <b>10</b><br>10:30 Coloring Club<br>11:15 Laura's Read Aloud: The Long Winter<br>2:00 Golden Age Music Ministry | 8:30 Folding <b>11</b><br>9:30 Book Cart<br>10:30 Bible Reading & Prayer<br>11:15 Table Talk<br>1:30 Music of the Past<br><i>Dixie J. B'day</i><br><i>Georgia M. B'day</i><br><i>Brenda F. B'day</i>   | Activity Basket                             |
| 8:30 Folding <b>13</b><br>9:00 Cath. Comm.<br>10:45 Sunday Gathering w/ JoAnn<br>1:30 Feed the Birds<br>2:30 Sunday Social                          | 10:45 Hand Lotion Spa w/ JoAnn <b>14</b><br>11:15 Laura's Read Aloud: The Long Winter<br>2:15 Ski Slope Bingo<br><i>Pam C. B'day</i><br><i>Mary Larkin B'day</i>                              | 8:30 Folding <b>15</b><br>10:45 On the Scent with Maggie's Nose<br>2:00 Fox River Fields   | 8:30 Folding <b>16</b><br>9:30 No Bake<br>11:15 Table Talk<br>1:30 Travels and Treats                          | 8:30 Folding <b>17</b><br>10:00 Resident Council<br>11:15 Laura's Read Aloud: The Long Winter<br>2:00 Tea with Jam & Bread   | 8:30 Folding <b>18</b><br>9:30 Book Cart<br>10:30 Bible Reading & Prayer<br>11:15 Table Talk<br>2:00 Eagles & Coffee<br><i>Harry F. B'day</i>  | Activity Basket                             |
| 8:30 Folding <b>20</b><br>9:00 Cath. Comm.<br>10:45 Sunday Gathering w/ JoAnn<br>1:30 Feed the Birds<br>2:30 Sunday Social<br><i>Jenny S. B'day</i> | 10:45 Hand Lotion Spa w/ JoAnn <b>21</b><br>11:15 Laura's Read Aloud: The Long Winter<br>2:15 MLK & Thoreau Bingo<br><i>Sue D. B'day</i><br><small>Martin Luther King Day Tu B'Shevat</small> | 8:30 Folding <b>22</b><br>10:45 On the Scent with Maggie's Nose<br>2:00 January Birthday Party   | 8:30 Folding <b>23</b><br>10:00 The Joy of Jewelry<br>11:15 Table Talk<br>2:00 Men's Club: Cards & Chips       | 8:30 Folding <b>24</b><br>10:30 Sunshine Sisters and Karaoke Singing<br>2:00 Tropical Dreams: Pass the Pineapple             | 8:30 Folding <b>25</b><br>9:30 Book Cart<br>10:30 Bible Reading & Prayer<br>11:15 Table Talk<br>1:30 Art & Science<br><i>Angela S. B'day</i>   | Activity Basket                             |
| 8:30 Folding <b>27</b><br>9:00 Cath. Comm.<br>10:45 Sunday Gathering w/ JoAnn<br>1:30 Feed the Birds<br>2:30 Sunday Social                          | 10:45 Hand Lotion Spa w/ JoAnn <b>28</b><br>11:15 Laura's Read Aloud: The Long Winter<br>2:15 Koala Bingo<br><i>Cyndi S. B'day</i><br><small>Australia Day (observed)</small>                 | 8:30 Folding <b>29</b><br>10:45 On the Scent with Maggie's Nose<br>2:00 Peculiar Musical Instruments   | 8:30 Folding <b>30</b><br>11:15 Table Talk<br>2:00 Tri-State Bluegrass<br>6:00 Gals' Slumber Party             | 8:30 Folding <b>31</b><br>10:30 Word Games<br>11:15 Laura's Read Aloud: The Long Winter<br>1:00 Coloring Club                | <i>"Whose woods these are I think I know.<br/>           His house is in the village though;<br/>           He will not see me stopping here<br/>           To watch his woods fill up with snow."<br/>           - Robert Frost, Stopping by Woods on a Snowy Evening</i> |   |