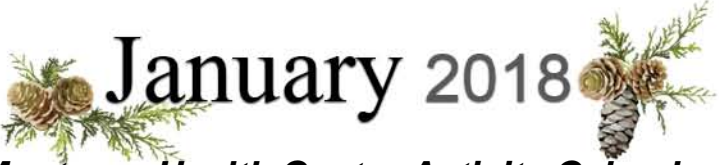


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us." --Hal Borland</i></p> <p>9:00 Cath. Comm. 10:00 UMC Choir & Comm. 1:30 Feed the Birds 3:00 Sunday Social</p>	<p>1 10:45 Hand Lotion Spa w/ JoAnn 2:00 New Year's Day Sunshine Sisters---Sarah & Kathy <i>Anna Lee R. B'day</i> <small>New Year's Day</small></p>	<p>2 8:30 Folding 10:00 Leroy's Travels 2:00 Over the Hill Gang</p>	<p>3 8:30 Folding 10:00 Timber!!!! Taking Down the Trees. 1:00 Undecking the Halls</p>	<p>4 8:30 Folding 10:45 Restorative Silvercises 2:00 Hot Tea & A Good Chat with Friends</p>	<p>5 8:30 Folding 9:30 Book Cart 10:30 Bible Reading & Prayer 1:00 Game Day <i>Yula M. B'day</i></p>	<p>6 Activity Basket</p>
<p>9:00 Cath. Comm. 10:00 UMC Choir & Comm. 1:30 Feed the Birds 3:00 Sunday Social</p>	<p>8 10:45 Hand Lotion Spa w/ JoAnn 2:15 Twinkie Bingo</p>	<p>9 8:30 Folding 10:45 Maggie's Stretcherercises 2:00 Fresh Bread</p>	<p>10 8:30 Folding 10:45 Restorative Silvercises 1:30 Snow Ball Fight and Hot Cocoa</p>	<p>11 8:30 Folding 10:45 Trivia 2:00 Golden Age Min. & Music <i>Georgia M. B'day</i> <i>Brenda F. B'day</i></p>	<p>12 8:30 Folding 9:30 Book Cart 10:30 Bible Reading & Prayer 1:00 Games! Games!</p>	<p>13 Activity Basket</p>
<p>9:00 Cath. Comm. 10:45 Sunday Gathering w/ JoAnn 2:00 Fox River Fields <i>Pam C. B'day</i> <i>Mary L. B'day</i></p>	<p>15 10:30 Feed the Birds 2:15 Another Twinkie Bingo <small>Martin Luther King Day</small></p>	<p>16 8:30 Folding 10:45 Maggie's Stretcherercises 2:00 Dominoes</p>	<p>17 8:30 Folding 9:30 Alone in the Wilderness DVD 1:00 Bus Ride to Proenneke Museum, weather permitting</p>	<p>18 8:30 Folding 10:45 Restorative Silvercises Lunch: Baked Potato Bar 2:00 Idaho Coloring Club with Zebariah <i>Harry F. B'day</i></p>	<p>19 8:30 Folding 9:30 Book Cart 10:30 Bible Reading & Prayer 1:00 Board Games <i>Jenny S. B'day</i></p>	<p>20 Activity Basket</p>
<p><i>Activity Professionals Week</i> 21 9:00 Cath. Comm. 10:45 Sunday Gathering w/ JoAnn 1:30 Feed the Birds</p>	<p>22 10:45 Hand Lotion Spa w/ JoAnn 2:15 Donut Bingo</p>	<p>23 8:30 Folding 10:45 Maggie's Stretcherercises 1:00 Donut Run</p>	<p>24 8:30 Folding 10:30 Donut Word Games 2:00 January Birthday Party</p>	<p>25 8:30 Folding 10:45 Restorative Silvercises 2:00 Mike and Ezekiel's Project <i>Angie S. B'day</i></p>	<p>26 8:30 Folding 9:30 Book Cart 10:30 Bible Reading & Prayer 1:00 More Games <small>Australia Day</small></p>	<p>27 Activity Basket</p>
<p>28 9:00 Cath. Comm. 10:45 Sunday Gathering w/ JoAnn 1:30 Feed the Birds 3:00 Sunday Social <i>Cyndi S. B'day</i></p>	<p>29 10:45 Hand Lotion Spa w/ JoAnn 2:15 Yet Another Twinkie Bingo</p>	<p>30 8:30 Folding 10:45 Maggie's Stretcherercises 1:00 Surprise Day</p>	<p>31 8:30 Folding 10:00 Resident Council 2:00 Tri-State Bluegrass <i>Edna Mae H. B'day</i> <small>Tu B'Shevat</small></p>	<p style="text-align: center;"> January 2018 Montrose Health Center Activity Calendar</p>		