

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>August 2018</h1> <h2>Montrose Health Center</h2> <h3>Activity Calendar</h3>			<b>Beauty Shop 1</b> 8:30 Folding 10:30 Trivia 2:00 Coloring Club <i>Lynn C. B'day</i> <i>Missy R. B'day</i>	<b>Beauty Shop 2</b> 8:30 Folding 10:45 Restorative Silvercises 2:00 Dominoes	8:30 Folding 3 9:30 Book Cart 10:30 Bible Reading & Prayer 1:00 Snow Ball Fight <i>Jackie N. B'day</i> <i>Kay W. B'day</i>	Activity Basket 4
8:30 Folding 5 9:00 Cath. Comm. 10:00 UMC Choir/Comm. 1:30 Feed the Birds 2:30 Sunday Social  <i>Mike J. B'day</i>	6 10:45 Hand Lotion Spa 2:15 Grandstand at the Fair Bingo	7 8:30 Folding 10:00 Leroy's Travels 2:00 Over the Hill Gang music	<b>Beauty Shop 8</b> 8:30 Folding 10:00 Word Games 2:00 Fair Food 6:15 Iowa State Fair Parade Live on IPTV	<b>Beauty Shop 9</b> 8:30 Folding 10:45 Restorative Silvercises 2:00 Golden Age Music Ministry	10 8:30 Folding 9:30 Book Cart 10:30 Bible Reading & Prayer 1:00 Bus Ride!	Activity Basket 11
8:30 Folding 12 9:00 Cath. Comm. 10:45 Sunday Gathering 1:30 Feed the Birds 2:30 Sunday Social  <i>JoAnn F. B'day</i>	13 10:45 Hand Lotion Spa 2:15 Farm to Fair Bingo	14 8:30 Folding 10:45 Maggie's Stretchercises 2:00 Keosippi Kickers	<b>Beauty Shop 15</b> 8:30 Folding 10:30 Bookmarks 2:00 Celebrate a Century!  <i>Dorothy D. B'day</i>	<b>Beauty Shop 16</b> 8:30 Folding 10:45 Restorative Silvercises 2:00 French-pressed Coffee	17 8:30 Folding 9:30 Book Cart 10:30 Bible Reading & Prayer 1:00 Front Porch <i>Leon S. B'day</i> <i>Avis W. B'day</i>	Early Lunch 12:00 Watermelon Festival Parade 18
8:30 Folding 19 9:00 Cath. Comm. 10:45 Sunday Gathering 1:30 Feed the Birds 2:30 Watermelon	20 10:45 Hand Lotion Spa 2:15 Fair Livestock Bingo	21 8:30 Folding 10:45 Maggie's Stretchercises 1:00 Bus Ride!	<b>Beauty Shop 22</b> 8:30 Folding 10:00 Resident Council 1:30 Homemade Bread & Jam	<b>Beauty Shop 23</b> 8:30 Folding 10:45 Restorative Silvercises 1:00 Sunshine Singers	24 8:30 Folding 9:30 Book Cart 10:30 Bible Reading & Prayer 11:30 Picnic 1:30 Pool Party	Activity Basket 25
8:30 Folding 26 9:00 Cath. Comm. 10:45 Sunday Gathering 2:00 Fox River Fields	27 10:45 Feed the Birds 2:15 Fair Rides Bingo	28 8:30 Folding 10:45 Maggie's Stretchercises 2:00 August Birthday Party	<b>Beauty Shop 29</b> 8:30 Folding 10:00 Front Porch 2:00 Tri-State Bluegrass music	<b>Beauty Shop 30</b> 8:30 Folding 10:45 Restorative Silvercises 1:30 Talking about Work--past & present	31 8:30 Folding 9:30 Book Cart 10:30 Bible Reading & Prayer 1:00 Travel Movie	<i>"I sit beside the fire and think of all that I have seen Of meadow-flowers and butterflies in summers that have been..."</i> --JRR Tolkien (Bilbo Baggins in The Fellowship of the Ring)